

Educational

ESOL (English for speakers of other languages)

Literacy and Numeracy –Brush up with your reading, writing and numbers.

Computing courses

P C Passport and ECDL (European Computer Driving Licence)

Email and internet

Fitness

Feel good about yourself, increase self confidence have fun, meet new people.

Line dancing

Zumba dance

Easy exercise 55+

Leisure Activities

Arts & crafts- glass painting, canvas, personalised cards etc

Creative Textile

Learn the art of fashion design and sewing

Nearly New Sale Shop – A wide range of nearly new clothes

Employability Services -

Support and advice on employment / training

Community Garden- Learn how to grow and sow fruit and vegetables



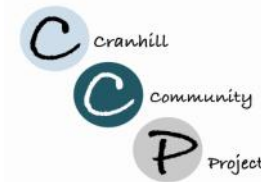
Community Café

Opening Hours
Monday – Friday
8am – 3.30pm

A wide selection of food
available at affordable
prices



FUNDED BY
COMIC RELIEF



109 Bellrock Street, Cranhill G33 3HE
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Email: info@cranhillcp.co.uk
www.cranhillcp.co.uk Registered
Charity No SC033396

Activities
Programme
Jan – Mar 2011

- ♦ Fantastic new classes for **free!!!!**
- ♦ Get Involved in your Community
- ♦ Meet New People
- ♦ Try something New

Drop In for more information on any of our classes/activities

Cranhill Community Project Activity Timetable

MONDAY

- 9.30-12.30 Nearly New Sale Shop
- 10.00-12.30 Citizens Advice Bureau (Refugee outreach)
- 10.00- 1.00 Employability Advice (GERA)
- 12.00- 1.00 Cllr Jennifer Dunn(1st Mon of Month)
- 2.00- 4.00 Computer Drop In
- 6.30- 8.30 Youth Group

TUESDAY

- 10.00 -3.00 ESOL (English for speakers of other languages)
- 1.00- 4.00 Employability Advice (GERA)
- 3.30 - 4.30 Computer Drop In
- 4.00 - 5.30 5-12yrs Activity club
- 6.00 - 9.00 Girls Brigade

WEDNESDAY

- 9.30 – 12.30 Computing Course
- 10.00 – 12.00 Asylum Support Project (housing officer—drop in service)
- 1.00 – 2.00 Arts and Crafts 50+
- 6.30-8.30 Youth Group
- 7.00–8.00 Zumba (£3.50 per class)

THURSDAY

- 10.00- 11.00 55+ Easy Exercise Class (enjoy a free Tea or Coffee after class.)
- 10.00–3.00 ESOL (English for speakers of other languages)
- 3.00-4.00 Computer Drop In

FRIDAY

- 09.30-12.30 Internet/ Email Computing
- 1.00 –3.00 Computer Drop In
- 1.00 –3.00 Creative Textiles & Fabrics - Learn the art of fashion design and needlework
- 1.00-2.00 Garden Group

Fresh Fruit and Veg

on sale every

Wednesday

10.00-12.00

Cranhill Community Flat (Longstone) Timetable

MONDAY

- 9.30-3.00 Information & Advice
- 6.30-8.30 Community Social evening

WEDNESDAY

- 9.30 - 12.30 Drop in for chat /read a book
- 12.00 - 2.00 Pre 5 group & Coffee club

THURSDAY

- 10.00- 12.00 Men space group
- 1.00– 3.00 Art drop in



Community Flat 7 Longstone Place Cranhill

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